

HEATHER'S BLANKETS

“the box stitch square”

CommuniTY
CARES



YARN:

approximately 65 meters of any worsted weight (4 medium) yarn

GAUGE:

18 stitches x 24 rows in stocking stitch on 5mm = 10 cm/4 ins

MATERIALS:

5 mm knitting needles, or size needed to obtain gauge.

ABBREVIATIONS:

K – Knit

P - Purl

FINISHED SIZE:

9" square

The creation of the Heather Blanket project was inspired by Heather Grant. Heather was one of the original visionaries of the Circle of Friends knitting group in the Shuswap region of British Columbia. Heather was an inspiration to many and was always a cheerful reminder of the need to give back and contribute where you can. Heather mentored many knitters along the way introducing them to a lifetime appreciation of the craft. Sadly, Heather passed away in April 2020. It seems suitable to name this project after her in memory of her selfless contributions and the work that will continue to be done by her Circle of Friends.

TIP! You can create a clean finished edge to your square by simply substituting the first stitch of every row with a slip stitch. I slip the stitch purlwise with the yarn in front to create a chain stitch effect down the edge.

DIRECTIONS:

Cast on 40 stitches loosely.

Knit 2 rows.

Repeat the following 8 row pattern until work measures 8 ¾" from the cast on edge.

Rows 1 & 3: K2, *(K4, P4), repeat from * until 2 stitches remain, K2.

Rows 2 & 4: K2, *(P4, K4), repeat from * until 2 stitches remain, K2.

Rows 5 & 7: K2, *(P4, K4), repeat from * until 2 stitches remain, K2.

Rows 6 & 8: K2, *(K4, P4), repeat from * until 2 stitches remain, K2.

When work measures 8 ¾" knit 2 rows and then cast off loosely.

TIP! With variations in yarns and knitting tensions, your square may not measure exactly 9 inches in width. In order to ensure your completed square is a perfect square try folding the bottom right corner of your work crosswise to the top left corner to create a triangle. Work the final 2 knit rows of your square when you are about ¼" from folding a perfect triangle.

CommuKNITy Cares is an outreach ministry, spreading the hope of the gospel by showing God's love for others in our community by giving hand-knit mittens, scarves, hats and blankets to those in need. For more details follow us on Facebook & Instagram!

