

# CommukNITY

CARES

## REBEKAH MITTENS

**SIZE:** Women's medium

**FINISHED MEASUREMENTS** (approximately):

Hand width: 10 cm/4 ins  
Mitten length: 27 cm/10.5 ins

**GAUGE:**

16 sts x 24 rows in stocking stitch on 5.5mm = 10 cm/4 ins

**YARN:**

Lion's Pride Woolspun Yarn 102m or any chunky (5) yarn

**MATERIALS:**

5.5mm double pointed needles, or size needed to obtain gauge  
5mm double pointed needles, or one size smaller than main needle  
stitch markers  
darning needle  
waste yarn



**GLOSSARY:**

Stocking Stitch:

Knit all stitches in the right side, Purl all stitches on the wrong side  
Knit all stitches, all rounds (when working in the round)

M1R – Make 1 Right

Insert the left hand needle, from back to front, under strand of yarn which runs between the stitch just worked and the next stitch on the left hand needle. Knit the stitch through the front of the loop.

M1L – Make 1 Left

Insert the left hand needle, from front to back, under strand of yarn which runs between the stitch just worked and the next stitch on the left hand needle. Knit the stitch through the back of the loop.

SSK – slip, slip, knit

Slip one stitch knitwise and then the next stitch knitwise from the left needle to the right needle. Insert the left needle into the fronts of these two slipped stitches and knit them together.

**ABBREVIATIONS:**

dpn double pointed needles  
K knit  
k2tog knit two together  
m1R make one right  
m1L make one left  
P purl

pm place marker  
sm slip marker  
ssk slip, slip, knit  
st(s) stitch(es)  
St st stocking stitch



*CommukNITY Cares is an outreach ministry, spreading the hope of the gospel by showing God's love for others in our community through giving hand-knit mittens, hats and blankets to those in need. For more details like us on Facebook!*

## RIGHT MITTEN

### CUFF:

With smaller dpn, cast on 28 sts and divide evenly on 3 dpn (8 sts, 10 sts and 10 sts).  
Join in the round being careful not to twist stitches.  
Round 1: \*K2 P2, repeat from \* to end of round.  
Repeat previous round until cuff measures 7.5 cm/3 ins.

### HAND:

Next round: Change to larger dpn and work 5 rounds in St st.

#### **Right Thumb gusset:**

Next round: K1, pm, m1R, K1, m1L, pm, K to end of round (3 sts between the markers)

Next round: Knit

Next round: K1, sm, m1R, K3, m1L, sm, K to end of round (5 sts between the markers)

Next round: Knit

Next round: K1, sm, m1R, K5, m1L, sm, K to end of round (7 sts between the markers)

Next round: Knit

Next round: K1, sm, m1R, K7, m1L, sm, K to end of round (9 sts between the markers)

Next round: Knit

Next round: Knit

Next round: K1, slip next 9 sts onto waste yarn, cast on 3 sts, K to end of round.

30 stitches now on needles.

Continue in stocking stitch for 10 cm/4 ins from end of thumb gusset.

### SHAPE TOP:

Next round: (K1, ssk, K9, K2tog, K1), repeat.

Next round: (K1, ssk, K7, K2tog, K1), repeat.

Next round: (K1, ssk, K5, K2tog, K1), repeat.

Next round: (K1, ssk, K3, K2tog, K1), repeat.

Next round: (K1, ssk, K1, K2tog, K1), repeat.

Next round: (K2tog) 5 times, 5 sts remain.

Cut yarn leaving an 8" tail. Thread tail through remaining 5 stitches and draw tight. Darn yarn end on wrong side.

### THUMB:

Slip 9 sts from waste yarn and divide onto two dpn's.

Using third needle pick up and knit 3 stitches along gusset edge. (Note: you may need up to pick up to 5 sts to prevent any gaping holes).

12 stitches now on needles. (Note: if you picked up more than 3 stitches on the previous round, decrease those extra sts on your first round by K2tog for every extra st picked up) Knit next and all following rounds until thumb measures 4 cm/1.5 ins from picked up sts.  
Next round: (K1 K2tog) 4 times  
Next round: (k2tog) 4 times  
4 stitches remaining on needles.  
Cut yarn leaving an 8" tail. Thread tail through remaining 4 stitches and draw tight. Darn yarn end on wrong side.

## LEFT MITTEN

### CUFF:

Work cuff as for right mitten.

### HAND:

Next round: Change to larger dpn and work 5 rounds in St st.

#### **Left thumb gusset:**

Next round: K26, pm, m1R, K1, m1L, pm, K1 (3 stitches between the markers)

Next round: Knit

Next round: K26, sm, m1R, K3, m1L, sm, K1 (5 stitches between the markers)

Next round: Knit

Next round: K26, sm, m1R, K5, m1L, sm, K1 (7 stitches between the markers)

Next round: Knit

Next round: K26, sm, m1R, K7, m1L, sm, K1 (9 stitches between the markers)

Next round: Knit

Next round: Knit

Next round: K26, slip next 9 sts onto waste yarn, cast on 3 sts, K1.

30 stitches now on needles.

Continue in stocking stitch for 10 cm/4 ins from end of thumb gusset.

### SHAPE TOP/THUMB:

Continue to shape top and thumb as for right mitten.

### FINISHING:

Weave in ends and block.



*I pray that God, the source of hope, will fill you completely with joy and peace because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit.  
Romans 15:13 NLT*

